



Chronic Pain Management for RMTs *Live & Online*

Instructed by Eric Purves, MSc, RMT

Registration Deadline: June 18, 2021

Date: July 3, 2021 (1 day) **Maximum: 30 Registrants**
Time: 12:00pm–7:30pm AST (Saturday)
Location: This is a 1-day Live, Online course offered through *Zoom* (the meeting platform)
Fee: \$165 (ANBMT/Student Member) Non-Member: \$265
**This course is \$265 when offered by the course instructor in British Columbia.*
(PAYMENT MUST ACCOMPANY REGISTRATION; RESERVATIONS NOT ACCEPTED)
CEUs: 3.5 category A CEUs (CMTNB Approved) *CMTBC Approved 7 PE
**Student members are eligible to take this course. Not eligible for the 50% offer.*

Course Details

This is a 1-day, Live, Online course offered through *Zoom* (the meeting platform)

This course provides essential knowledge and practical skills for working with clients living in chronic pain. The course provides the opportunity to learn how modifications of traditional massage therapy practice can increase success and improve outcomes for people suffering with pain. It aims to decrease practitioner stress and provide confidence when working with chronic pain clients. We will thoroughly discuss the science of pain and how to incorporate effective therapeutic pain management approaches into daily practice. The course will challenge many misconceptions about pain as we learn the basics of incorporating a biopsychosocial framework between clinician and patient into daily practice behaviour.

Learning Objectives

- Knowledge of current best evidence in the pain sciences and how to utilize pain science research to learn more effective ways to interact and treat patients with chronic pain.
- Understanding of the impacts of chronic pain.
- Understanding of major therapeutic approaches to chronic pain management.
- Ability to develop rapport and work effectively with chronic pain patients.
- Ability to identify the person requiring a shift from routine treatment.
- Understanding of how existing manual and practical skills can be effectively modified to improve patient outcomes.
- Increase the practitioner's understanding of pain self-management and to improve their ability to teach pain self-management to their clients.
- Use case studies to emphasize key points and discuss treatment options.

What to Bring

- Nothing is required.
- A Zoom meeting link will be sent to all course participants via email the day before the course is scheduled to begin.

About the Instructor

Eric Purves MSc, RMT, has been an RMT since 2006. He has a full-time practice and co-owns Achieve Health, a multidisciplinary clinic in Victoria, BC. He was a co-chair for the Registered Massage Therapists Association of BC (RMTBC) advanced practice group in pain management. The group's objective is to provide education and resources for evidence-based treatments and effective pain management strategies for manual and movement therapists. In 2016, Eric joined the education faculty at PainBC where he teaches a course on persistent pain management. Eric has his own education company where he regularly teaches across North America and Europe, workshops on evidence-informed pain management, manual/massage therapy, movement/exercise therapies and rehabilitation principles for health care providers.

Eric's graduate studies at the University of British Columbia focused on the application of research evidence in massage therapy practice. He has presented his research at conferences and his articles published throughout the world in various massage therapy journals.



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(Please print clearly)

Name: _____ RMT #: _____

Address: _____

Telephone: (Home) _____ (Work) _____ (Cell) _____

Email: _____

Status: Member Student Non-member Association: _____

Method of Payment: Cheque Money order PayPal ***(Registration form must be submitted)**

E-transfer (please indicate your security answer by email—if it is not your ANBMT#)

***Note: There is a PAYPAL transaction fee that is charged by PAYPAL to use this method of payment. Should a refund be requested or required, the refund will be based on the amount paid less the PAYPAL transaction fee.**

***No refunds will be given after the registration deadline**

Please Return Registration Form and Payment

Association of New Brunswick Massage Therapists (ANBMT)

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